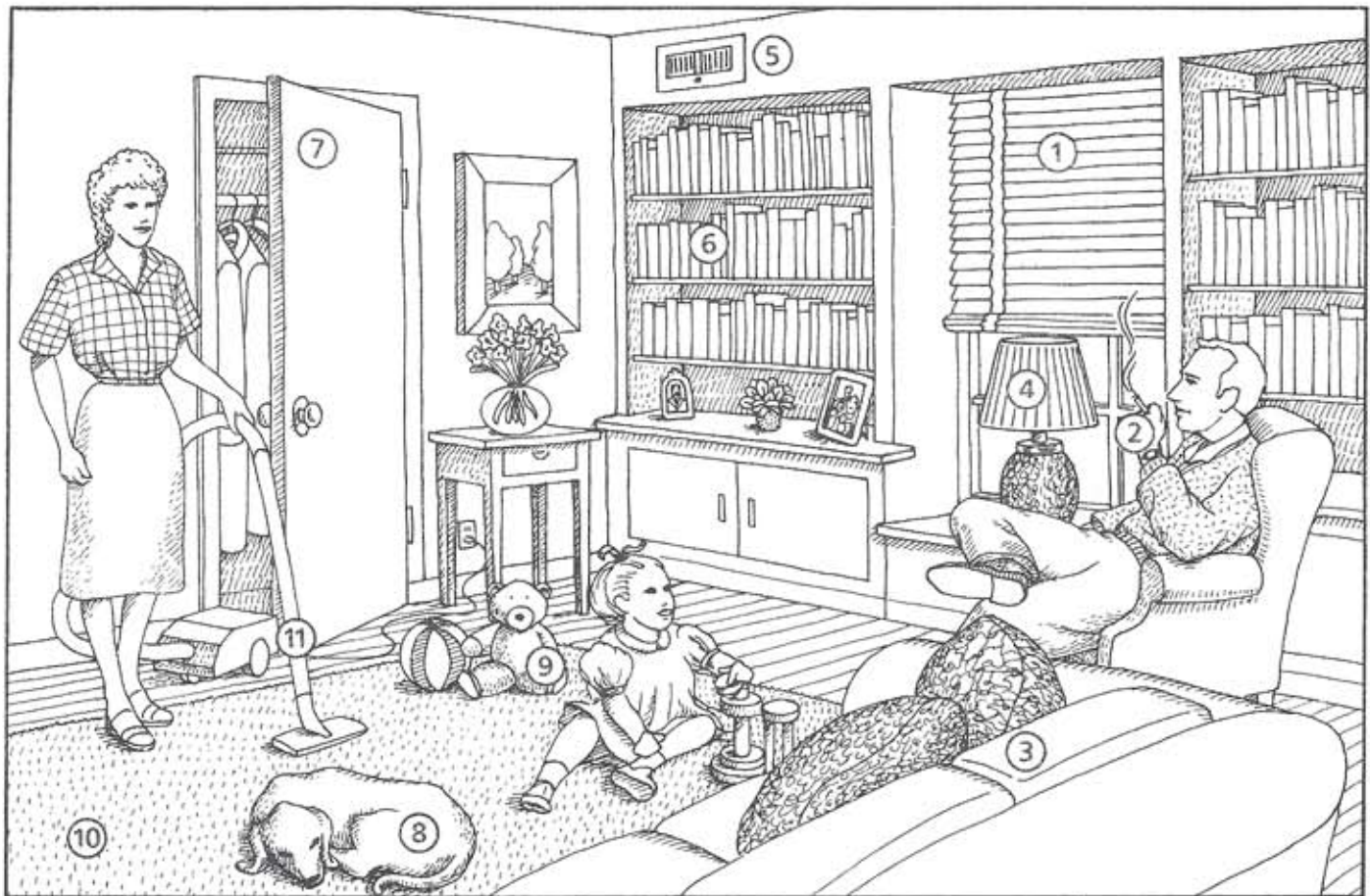


A GUIDE FOR PARENTS

Common Triggers That Can Set Off an Asthma Attack



1. Venetian blinds—dust catchers
2. Cigarette smoke
3. Overstuffed cushion—dust catcher
4. Pleated lampshade—dust catcher
5. Ventilation louvers—dust catchers
6. Books and bookshelves—dust catchers
7. Closet door ajar—allows dust to settle on clothing
8. Pet dog—may bear allergenic dander
9. Stuffed toy—dust catcher
10. Rug—dust catcher
11. Vacuuming—raises dust